

# CASS ENRICHMENT SIR JOHN CASS RED COAT SCHOOL



We will achieve excellence and inspire generations the Cass Way

**Summer** term 2018

#### **GET INVOLVED**

- **Motivation**
- Self-confidence
- Community
- **Interpersonal skills**
- **Experience**
- Resilience
- **Aspiration**
- Internationalism

## What is Enrichment?

The Enrichment programme at Sir John Cass School offers an extensive programme of extracurricular activities to all Sir John Cass students. School enrichment programme offers students outstanding leadership opportunities whilst allowing them to achieve nationally recognised qualifications.

These activities aim both enhance the student's learning experience and broaden the scope of what they are learning through practical experiences that link the academic theory with real world applications and offer personal and social development opportunities to the learners involved. As schools focus on ensuring that all of the activities they offer contain meaningful and relevant academic and educational content, it is important that their curriculum includes time and opportunities to offer activities which directly relate and reinforce the academic material being covered in the classroom phase of learning.

### What are the benefits?

- Increased motivation to learn
- •Improved self-confidence
- Feelings of belonging to a larger community of health professions students
- Reduced anxiety about academic readiness
- •Stronger peer relationships, especially among those who share a common interest
- •Increased persistence and resilience
- Discovery of valuable personal qualities previously unknown
- Experience with hands-on activities
- Experience engaging in high level discussion with other motivated students, sometimes from different states and countries
- Enhanced interpersonal skills
- Learning at a much higher level academically and socially
- Follow their passion

#### 1 Peter 4:10

Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms

## **Extra-curricular Sports Activities Summer 2018**

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
7:30-8:30 am							
	<u>Basketball</u>	Badminton 7 & 8		<b>Girls Rounders</b>	<b>Girls Fitness</b>	Football matches	
	Ms Daly	Ms Daly	Year 9 Badminton	Ms Thompson	Ms Daly	Mr McCabe	
3.10-4.10pm	Girls Cricket 7/8/9		Ms McNeish	Ms Daly	Ms McNeish	Mr Cameron	
-	Mr Rayney	Swimming – Girls				Ms McNeish	
		Ms McNeish					
	Swimming - Boys	Ms Thompson			6 <sup>th</sup> Form		
	Ms McNeish	·			Boxing/Fitness		
	Ms Thompson	<b>Boys Hockey</b>					
	·	Mr Malique					
	<u>Fitness</u>	·					
	Richard (Coach)	Football Yr 10					
		Mr McCabe					
	Year 7/8 Football		Primary Hockey		Staff Football	]	
	McCabe		Mr Malique				
		<b>Badminton</b>					
4.10-5.10pm		Yr 10 & 11					
		Ms Daly					

# **Extra-curricular Clubs Summer 2018**

Extra-curricular clubs suffillier 2010									
Time	Monday	Tuesday	Wednesday	Thursday	Friday				
		Year 7 Maths Breakfast							
7:30-8:30 am		<u>Club</u>							
		Mr Nasser + Ms Anjum							
		Room 311							
Lunchtime	Logic Club (Year 7)	Girls multi sports club	Choir	Girls multi sports club					
	Ms M Anjum - Room 313	Sportshall	Mr Coles - Room 207	Sportshall					
	313	<b>Boards Games Club</b>	Girls Engineering Club	Coding Club					
		Ms El-Meeyf	Mr Cusack	306					
		Room 206	Room 203	Mrs Deen					
			Logic Club (Year 7)						
			Ms M Anjum - Room 313						
	Chess Club	Homework Club	Year 7 Art Club	Debate Club	Sir John Cass Bake Off				
	Mr Malique – Room	Library + SEN	Mr Lynch – Graphics Room	Mr Malique – Room 103	Ms Thompson - Food				
3.00-4.00pm	206	department		Mr Towhid	room				
			Food Cooking Club (KS3)						
	Art and Design		Ms Rahim – Food Room	Korean Lessons	<u>Homework Club</u>				
	Technology Club			Ms Priestley - Room 304	Library + SEN				
	Mr Couloute – Room		Film and Theatre Club		department				
	WS2		See Mrs Palfreyman for	Ecology Club					
			screening details	(Year 8)					
	Homework Club			3-4pm					
	Library + SEN		Homework Club						
	department		Library + SEN department	Homework Club	Rc∆3X				
	Voor 7 Booding			Library + SEN					
	Year 7 Reading Challenge			department					
	Mr Corbishley –				2				
	Room 105								
	MOOIII TOO								

TRIPS: Ski trip to Claviere, Italy Easter 2019. See Mr Spillane for full details.