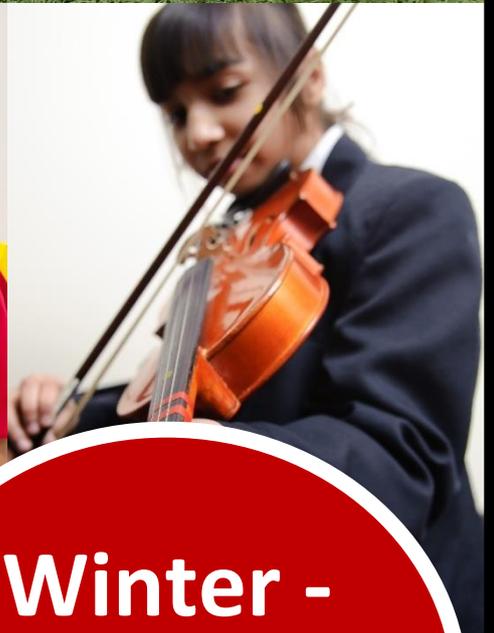




CASS ENRICHMENT

SIR JOHN CASS RED COAT SCHOOL



GET INVOLVED

- Motivation
- Self-confidence
- Community
- Interpersonal skills
- Experience
- Resilience
- Aspiration
- Internationalism

Winter -
Spring
2018

What is Enrichment?

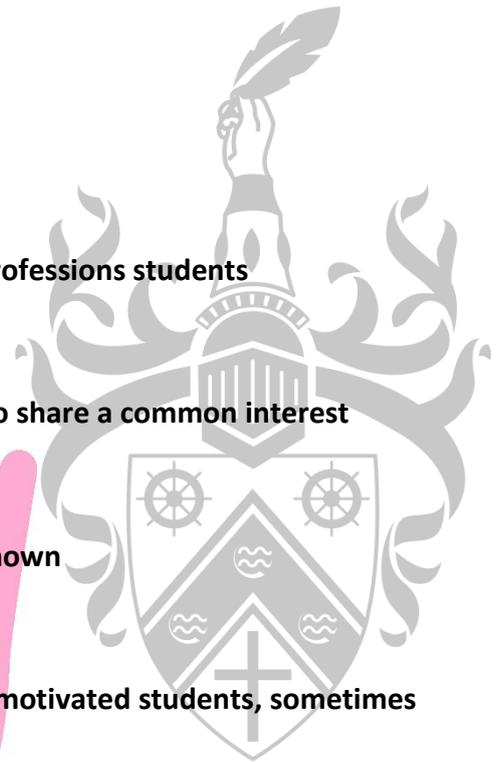


The Enrichment programme at Sir John Cass School offers an extensive programme of extra-curricular activities to all Sir John Cass students. School enrichment programme offers students outstanding leadership opportunities whilst allowing them to achieve nationally recognised qualifications.

These activities aim both enhance the student's learning experience and broaden the scope of what they are learning through practical experiences that link the academic theory with real world applications and offer personal and social development opportunities to the learners involved. As schools focus on ensuring that all of the activities they offer contain meaningful and relevant academic and educational content, it is important that their curriculum includes time and opportunities to offer activities which directly relate and reinforce the academic material being covered in the classroom phase of learning.

What are the benefits?

- Increased motivation to learn
- Improved self-confidence
- Feelings of belonging to a larger community of health professions students
- Reduced anxiety about academic readiness
- Stronger peer relationships, especially among those who share a common interest
- Increased persistence and resilience
- Discovery of valuable personal qualities previously unknown
- Experience with hands-on activities
- Experience engaging in high level discussion with other motivated students, sometimes from different states and countries
- Enhanced interpersonal skills
- Learning at a much higher level academically and socially
- Follow their passion



1 Peter 4:10

"Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms"





Extra-curricular Sports Activities Winter / Spring 2018

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:30-8:30 am		<u>Year 8 Football</u> Mr McCabe				
3.10-4.10pm	<u>Basketball</u> Albert (Coach) <u>Girls Football</u> Mr Rayney <u>Swimming – Girls</u> Ms McNeish Ms Thompson <u>Fitness</u> Richard (Coach)	<u>Badminton 7 & 8</u> Ms Daly <u>Swimming – Boys</u> Ms McNeish Ms Thompson <u>Boys Hockey</u> Mr Malique <u>Football Yr 10</u> Mr McCabe		<u>Girls Hockey</u> Ms Thompson <u>Girls Dance</u> Ms Daly <u>Football Yr 7</u> Mr Rayney Mr Charles	<u>Girls Fitness</u> Ms Daly Ms McNeish	<u>Football matches</u> Mr McCabe Mr Rayney Mr Cameron Ms McNeish
4.10-5.10pm	<u>Girls Fixtures</u> Ms Thompson Mr Rayney <u>Year 8 Football</u> McCabe	<u>Girls Football 7 & 8</u> Ms Thompson <u>Badminton</u> Yr 10 & 11 Mr McCabe	<u>Primary Hockey</u> Mr Malique	<u>Badminton Academy</u> Cindy <u>Year 11 Football</u> McCabe	<u>Staff Football</u>	

Extra-curricular Clubs Winter / Spring 2018



Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:30-8:30 am		<u>Year 7 Maths Breakfast Club</u> NEW Mr Nasser + Ms Anjum Room 311			
Lunchtime	<u>Logic Club (Year 7)</u> NEW Ms M Anjum - Room 313		<u>Choir</u> Mr Coles - Room 207	<u>Choir</u> Mr Coles - Room 207	
3.00-4.00pm	<u>Chess Club</u> Mr Virk - Room Art 1 <u>Art and Design Technology Club</u> Mr Couloute - Room WS2 <u>Homework Club</u> Library + SEN department <u>Year 7 Reading Challenge</u> NEW Mr Corbishley - Room 105	<u>Homework Club</u> Library + SEN department	<u>Year 7 Art Club</u> Mr Lynch - Graphics Room <u>Food Cooking Club (KS3)</u> Ms Rahim - Food Room <u>Film and Theatre Club</u> See Mrs Palfreyman for screening details <u>Homework Club</u> Library + SEN department	<u>Debate Club</u> Mr Malique - Room 103 <u>Korean Lessons</u> Ms Priestley - Room 304 <u>Ecology Club</u> NEW (Year 8) 3-4pm <u>Homework Club</u> Library + SEN department	<u>Sir John Cass Bake Off</u> Ms Thompson - Food room <u>Homework Club</u> Library + SEN department 

NEW - TRIPS: Ski trip to Claviere, Italy Easter 2019. See Mr Spillane for full details.