

YEAR 7 PSHE/CITIZENSHIP PROGRAMME

AUTUMN TERM

FOCUS: SAFE TRANSITION INTO YOUNG ADULTHOOD

LESSON 1: You and Your Planner

LESSON 2: Electing your form representative – The beginnings of using democracy

LESSON 3: E-Safety

LESSON 4: Homework

LESSON 5: Write a letter to your primary school

LESSON 6: You and your safety: At home, first aid, road safety

LESSON 7: Extremism

SPRING TERM

FOCUS: PROMOTING AN UNDERSTANDING OF TOLERANCE AND EQUALITY IN MODERN BRITAIN

LESSON 1: Helping others/ Voluntary Organisations

LESSON 2: Prejudice and Discrimination

LESSON 3: Racism

LESSON 4: Am I a good citizen? Litterbugs

LESSON 5: End of Term evaluation and target setting

SUMMER TERM

FOCUS: ENCOURAGING A SENSE OF PERSONAL RESPONSIBILITY

LESSON 1: Conflict resolution

LESSON 2: Bullying: The camera never lies

LESSON 3: Refugees

LESSON 4: Healthy Lifestyles

LESSON 5: Smoking

LESSON 6: End of Year evaluations and review

YEAR 8 PSHE/CITIZENSHIP PROGRAMME

AUTUMN TERM

FOCUS: UNDERSTANDING AND USING DEMOCRACY/BECOMING A RESPONSIBLE YOUNG ADULT IN MODERN BRITAIN

General introduction to Citizenship, PSHE and E Portfolio

LESSON 1: You and Your Planner/Electing Your Form Representative-Using Democracy

LESSON 2: You and Your Family (Becoming an adult)

LESSON 3: You and Your Family (Taking Responsibility)

LESSON 4: E-Safety

LESSON 5: You and Your Values: Human Rights

LESSON 6: You and Your Values: Freedom of Thought/Freedom of Expression

LESSON 6: Extremism

SPRING TERM

FOCUS: PROMOTING AWARENESS OF PHYSICAL CHANGE, PERSONAL RESPECT AND RESPECT FOR ALL

LESSON 1: Introduction to Sex Education/Asking your questions

LESSON 2: Answering your questions/Living and Growing (Boys and Girls growing up)

LESSON 3: Living and Growing: Period Puzzle/Girls Growing Up

LESSON 4: Living and Growing: Boys Growing Up/Contraception

LESSON 5: What is HIV/AIDS/What are STI's?

LESSON 6: EVALUATION: Sex Education

Progress File: This Is Me, My Circles of Support, Skills Log, Action Plan

SUMMER TERM

FOCUS: UNDERSTANDING GENDER BIAS AND MARGINALISED GROUPS 1

LESSON 1: Gender

LESSONS 2 and 3: Is it just women's work? Media: Advertising

LESSON 4 and 5: Choose and design a non- sexist way of advertising a product.

LESSON 6: Refugees. What is a refugee and how are they treated in modern Britain?

LESSON 7: Setting targets and monitoring your progress

Student Evaluation Sheet

Citizenship self-assessment & complete citizenship statement

Progress File: Personal Details, Action Plan, Achievement Log

YEAR 9 PSHE/CITIZENSHIP PROGRAMME

AUTUMN TERM

General introduction to Citizenship, PSHE and E Portfolio

FOCUS: BE SAFE STAY SAFE

LESSON 1: Ground Rules/You and your Planner/Electing a Form Rep (Using democracy)

LESSON 2: Drugs Education: What does it do? /Drugs and the Law

LESSON 3: Drugs Education: E-Safety: Becoming critical users of the internet.

LESSON 4: Drugs Education: Teenage drinking/Solvent Abuse/Getting Help

FOCUS: RELATIONSHIPS IN MODERN BRITAIN 1

LESSON 5: Marriage and Family Life

LESSON 6: Civil partnership, dealing with divorce/ coping with change

LESSON 7: Extremism

SPRING TERM

FOCUS: CHOOSING APPROPRIATE OPTIONS

LESSON 1 and 2: Choices for Year 10 (also include Section 6 from Progress File: GOALS, CHOICES, DECISIONS P46)

FOCUS: RELATIONSHIPS IN MODERN BRITAIN 2

LESSON 3: Sex Education: Confidentiality/ Asking questions

LESSON 4&5: Sex Education: Your questions answered/Sex

And Contraception/Rights and Responsibilities/Sex myths

LESSON 6: Sexuality and Sexual Orientation/Evaluation sheet

SUMMER TERM

FOCUS: UNDERSTANDING GENDER BIAS AND MARGINALISED GROUPS 2

LESSON 1: Media: Television and its influence/Fact or Fiction

LESSON 2: Media: Every picture tells a story/viewpoint matters

LESSON 3: Media: Ethnic stereotyping/ REFUGEES

LESSON 4: Progress File: Personal Statement, Action Plan/Citizenship Throughout the School
Self-Assessment (2) & Statement

LESSON 5: Progress File: Achievement Log, Tracking Report

Complete citizenship statement