

Sir John Cass Sixth Form College

Key Stage 5 PSHE Programme

The Personal, Social and Health Education (PSHE) programme reflects the school's values and ethos particularly in terms of the following:

- Raising aspirations and building confidence
- Developing independent learners and thinkers
- Creating young people who are level headed and able to make sound judgements
- Developing students' understanding of different religions and enabling them to have respectful dialogue with those of different faiths and beliefs
- Commitment to serving the local community and being fully participative of life in modern Britain

We believe that PSHE is an important part of the curriculum offer (an integral part of students' study programme) within the sixth form college as it ensures the personal development of all students so that they are well rounded learners. PSHE is also important for the following reasons outlined by the PSHE Association UK:

- Contribution to the health and achievement of young people
- Contribution to the welfare and safety of young people
- Securing young people's future employability through the development of personal and social skills which commerce and industry demand from our workforce
- Helping to increase young people's independence and ultimately enabling them to take responsibility for themselves
- Preparation for their future role as parents/ carers, employees and leaders

The PSHE programme at SJC Sixth Form College aims to:

- Develop students' knowledge and understanding of safeguarding issues including child protection, e-safety, radicalisation and extremism, sexual exploitation, Female Genital Mutilation (FGM), drug and alcohol abuse, forced marriage, Violence Against Women and Girls (VAWG) and gang violence
- Raise students' awareness and understanding of equality issues in terms of gender, ethnicity, sexual orientation and faith
- Enhance and consolidate students' understanding of different world religions with a particular emphasis on ethical considerations in relation to the topics covered during PSHE lessons such as sexual exploitation and trafficking or drugs and alcohol (a thematic approach)
- Prepare students for life in Modern Britain by promoting British values through teaching about democracy, the rule of law, individual liberty and mutual respect and tolerance of those with different faiths and beliefs
- Support and develop the self-esteem of all students

- Encourage care and respect and responsibility towards others within and beyond the school
- Impart knowledge, consolidate understanding and develop skills by exploring values regarding the physical, mental and emotional, sexual, moral, spiritual, cultural, social and vocational self
- Develop skills for building personal relationships
- Recognise the worth of students' own and others' achievements
- Enable students to take increasing responsibility for their own learning and behaviour
- Develop critical thinking skills so that students are able to consider different points of view including their own and to draw well considered conclusions
- Develop resilience through realistic planning and implementation; enhanced communication and problem solving skills; and managing their impulses and feelings
- Develop resilience to radicalisation and extremism
- Prepare students to make informed choices about their future in terms of education, training or employment

Our PSHE programme enables students to make informed decisions and take opportunities that will help them live happy, healthy lives, now and in the future. It does this by providing compelling, active learning that enables students to develop the knowledge and skills to be able to successfully communicate with others and manage themselves, their relationships, risks and the challenges and opportunities, predictable and unpredictable, known and unknown that they may encounter.

The PSHE programme also has a strong 'emotional dimension' recognising that many life choices are based as much on 'what we feel' as 'what we know'. Students are able to explore, compare and clarify their views and have them challenged. Students are supported to make life choices and decisions based on sound knowledge and access to accurate, relevant and unbiased information including case studies of current issues.

PSHE at SJC Sixth Form College is delivered in fortnightly lessons by form tutors. The content, delivery and impact is monitored and evaluated using feedback from students and staff as well as learning walks carried out by SLT and Heads of Learning in the sixth form college.

PSHE Programme of Study

Year 12

Term 1	Topic	Learning Objectives
1	Life in Modern Britain (British values)	Students will be able to explain what they understand by British Values including: democracy, rule of law, individual liberty and mutual respect/tolerance and the impact of this on our actions.
2	Life in Modern Britain (Democracy and rule of law)	Students will be able to identify and discuss what "British values" is within society. Students will be able to explain what they understand by British Values including: democracy, rule of law, individual liberty and mutual respect/tolerance and the impact of this on our actions.
3	Radicalisation and extremism	Students will be able to analyse how case studies such as the UK General Election 2015 uphold British Values of democracy and rule of law.
4	Sexting, Cyberbullying and E-safety	Students will be able to recognise the dangers of radicalisation and extremism and establish what steps need to be taken to report any concerns or seek further advice. Students will understand what E-safety is and the different types of bullying.
5	Sexual exploitation and trafficking	Students will be able to further develop their awareness about the consequences related to cyber bullying, sexting and online harassment. Students will explore issues relating to Human Trafficking and the impact of this on individuals and the community.
6	Propaganda, resilience, conspiracy theories	Students will be able to critically evaluate the social consequences of human trafficking. Students will be able to develop digital literacy skills so that they can critically assess the security and safety risks associated with the use of social media.
7	Social media and gaming	Students will be aware of bias, copyright issues and impact of digital identity. Students will be able to identify how social media and gaming can be addictive and have a negative impact in their life. Students will be able to examine the positive and negative effects of social media on society.
Term 2	Topic	Learning Objectives
8	Drugs and alcohol	Students will be able to explain the term 'drug', providing examples and evaluating the impact of both illegal and legal drugs on individuals and society.
9	Forced marriage	Students will be able to analyse the social and emotional consequences of drug and alcohol abuse. Students will explore the definition of forced marriage and identify what to do if they or someone they know is in danger.
10	Gangs and youth violence	Students will be able to analyse the consequences of forced marriage in relation to the British law. Students will analyse the reasons for young people becoming gang members and the challenges of disengaging from gangs.
11	FGM	Students will be able to understand the consequences of young people joining gangs and committing violence. Students will develop their understanding of the Female Genital Mutilation Act of UK and be able to identify the key signs of those at potential risk of FGM.
12	Equality: Stonewall, VAWG, Faith abuse, Racism	Students will be able to identify the signs that a person may be at risk of FGM. Students will understand what it means to be treated equally particularly in reference to gender, sexual orientation, ethnicity and faith.
13	Sex Relationship Education and Teenage relationship abuse	Students will be able to successfully challenge prejudices, preconceptions and stereotypes. Students will be able to develop a better understanding of what a healthy and unhealthy relationship is within the context of sex education. Students will be able to understand what abuse is in a relationship and where to get support.
Term 3	Topic	Learning Objectives
14	Careers and work experience	Students will have the opportunity engage in important conversations which will help them to consider the next steps in their pathways to success. Students will be able to analyse the options available to them in order to attain a pathway to success after leaving 3CR Sixth form.
15	Healthy lifestyle and Mental health	Students will explore what constitutes a healthy lifestyle including healthy eating and physical fitness.
16	NCS and positive role models	Students will develop an enhanced awareness of mental health by identifying the different types of mental health issues and how this can affect young people. Students will be able to understand the importance of being a role model within the society.
17	UCAS / JAG	Students will be able to identify the characteristics of positive role model. Students will develop a broad set of key skills to gain the necessary information required to make a successful transition to education, employment and training (ETT).
18	Financial planning	Students will be able to gain an understanding of the composition of a personal Statement. Students will be able to understand the importance of financial planning. Students will be able to analyse the consequences of poor financial planning.

PSHE Programme of Study

Year 13

Term 1	Topic	Learning Objectives
1	UCAS: IAG	Students will develop a broad set of personal, learning and thinking key skills to gain the necessary information required to make a successful transition to education, employment and training (ETT). Students will be able to compose their own personal statements.
2	Careers, employment	Students will have the opportunity engage in important conversations which will help them to consider the next steps in their pathways to success. Students will be able to analyse the options available to them in order to attain a pathway to success after leaving SCCR sixth form.
3	British Values: Individual Liberty and Mutual Respect	Students will discuss case studies such as Charlie Hebdo, to consolidate understanding of the British Values of individual liberty and mutual respect/tolerance. Students will be able to analyse why cases such as Charlie Hebdo contradict the British Values of individual liberty and mutual respect/tolerance. Students will be able to build resilience against the infringement of individual liberty mutual respect/tolerance.
4	British Values: Democracy and Rule of Law	Students will be able to analyse how case studies such as the UK General Election 2015 uphold British Values of democracy and rule of law. Students will be able to build resilience against undemocratic systems and infringements of the law.
5	Sexual Exploitation	Students will use case studies such as Rochdale, to discuss the impact of sexual exploitation on young people and communities within a legal and educational context. Students will use case studies to analyse the social and emotional impact of sexual exploitation on young people and communities within a legal and educational context.
7	Radicalisation and Extremism	Students will be able to evaluate the key factors leading to Sexual Exploitation on young people/ communities and use this to build resilience against exploitation. Students will be able to critically analyse case studies to understand how propaganda is used by groups such as ISIS to influence young people's choices. Students will be able to discuss the methods used to build resilience against propaganda used by groups such as ISIS. Students will be able to give effective advice in overcoming barriers which influence young people's choices.
Term 2	Task	Learning Objectives
8	Drugs and alcohol	Students will be able to identify the consequences of drug and alcohol abuse. Students will be able to analyse the social and emotional consequences of drug and alcohol abuse.
9	Forced Marriage: Choices	Students will be able to evaluate the strategies to deal with drug and alcohol abuse. Students will be able understand the term "Forced Marriage" and the laws in regards to forced marriage. Students will be able to analyse the consequences of forced marriage both socially and emotionally.
10	Sex Relationship Education – Positive Relationships	Students will be able to identify the characteristics of positive sexual relationships. Students will be able to analyse the consequences of negative sexual relationships.
11	E-safety	Students will be able to understand the Acceptable Use Policy, how to report concerns and the importance of digital literacy. Students will be able to analyse the impact of poor digital literacy.
12	Gaming	Students will be able to analyse the positive and negative consequences of social media and gaming. Students will be able to evaluate the role of social media and gaming in their lives and build resilience against the negative consequences.
13	FGM	Students will develop their understanding of the Female Genital Mutilation Act of UK and be able to identify the key signs of those at potential risk of FGM. Students will be able to explain the consequences of FGM for individuals and communities.

Note: Term 3 focus is on exam preparation and independent study during study leave